

UPKAR'S 

# Teacher's Attitude & Aptitude Test

Useful for B. Ed., BTC, UGC,  
TGT/PGT & Other Competitive Exams.

TAA & AAT

Dr. K. C. Vasishtha  
&  
Dr. Awasthi



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**By**

Dr. K. C. Vashistha  
&  
Dr. Awasthi

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**TEACHER'S ATTITUDE  
AND APTITUDE**

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## TEACHER'S ATTITUDE AND APTITUDE

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In order to achieve success in any pursuit effort is greatly necessary together with ability already present in a person. Despite the presence of sufficient capability, skill and ability no person can get the highest point in success until he works hard and makes strong efforts. In the context of efforts, however, individual difference is generally observed. Some people wish for success only by a little effort hoping that fortune must favour them. They forget that fortune is a lazy goddess and she never comes to man without efforts on the part of man. There are others who constantly make efforts until success is achieved. Various kinds of efforts are but controlled by a person's attitude and interest besides other factors. When a person has interest and positive attitude towards any work or aim, he makes effort to get success as he is inspired by motive to realize the aim. In this way interest and attitude control the effort made for achieving success. A person having positive attitude, is led to perform stronger effort and is capable of doing those works which another person having more ability than the former yet because of negative attitude fails to do.

In educating process the success of a teacher depends not only on the ability of the teacher about the subject-matter but it is also controlled by his interest and positive attitude towards what he teaches. Keeping in view this fact the attitude and interest-tests have been incorporated in admission tests for selecting teacher-trainees. By such tests an effort is made to know the attitude of the trainee towards various objects, events, several aspects of life and life itself. To know the attitude of the trainee towards other persons and events is indeed important but equally important is his attitude towards himself. For the continuity of efforts to win success there must be positive and constructive attitude in each individual towards things, events, persons, behaviours, various aspects of society at large, problems challenging life, values of human life and towards himself of all these attitudes, the attitude towards

himself, of the individual, is highly important and a guiding force.

**Attitude towards one's ownself**—The positive attitude towards one's ownself is the first step for an integrated personality. If a person fails to have a positive attitude towards himself, there can be no expectation that he should have the same attitude towards other persons, things and events. The fundamental reason is that every man's world is mirrored through his own attitude which reflects his inner life—Jaisi drsti vaisi srsti. A person having the positive attitude towards his ownself has a sufficient degree of self-confidence. He is well aware of his capacity and abilities and has full in them. He understands his life meaningful and in shouldering responsibilities he enjoys happiness. As a matter of fact the positive attitude is another name of the rotational attitude which possesses discriminating quality in abundant degree. Therefore, such a person knows his strengths and weaknesses. He understands his weak points and while accepting them he consciously tries to overcome them. In this way this man has the strong feelings of self-confidence, self-respect and self-acceptance.

For example :

Regarding myself (candidate's) the most appropriate statement is :

- (A) I have been losing self-confidence gradually.
- (B) I have the same self-confidence in me as was before
- (C) I have self-confidence in certain matters only.
- (D) I can say nothing about myself-confidence.

In the above mentioned four options if the candidate's choice is for (B) alternative which is the most appropriate and expected answer from the candidate, it is fine. It is worth remembering that the candidate may have any type of attitude—lack of self-confidence, no self-confidence, partial self-

confidence or decreasing self-confidence or even ignorance of having self-confidence but such feelings and experiences are not indicative of integrated and well adjusted personality. As such it is expected of a person having a personality which is whole and healthy that he should have proper self-confidence.

**Attitude towards Life and Success—**

Persons having healthy personality always have positive, constructive and optimistic attitude towards life as a whole. They believe that all life is one and absolute and simple but in its expressed form, it is full of complications and contradictions. It is not entirely a bed of roses nor completely full of thorns. It runs through joy and sorrow, ease and disease, hope and despair, victory and defeat, wisdom and folly and so on. Therefore, healthy minded people, experiencing immense difficulties-mental and physical both-have optimistic attitude towards life. They are convinced that if autumn comes, spring can not remain far behind as the poet shelly sang. So they do not embrace life-negating philosophy. They feel that human life, which is so wonderful, is worth living as well as it has purpose and meaning. Such people are not satisfied only with a pious wish for success but also work hard and make hectic efforts to get success. They are never fatalist. They, rather, believe in action and regard success as the result of effort and ability. They don't blame God, destiny, planets or other persons for their failures. They, rather, accept lack in their efforts and labour and continue their efforts constantly till the aim is achieved. One of the following statements only is the indication of a healthy attitude towards life :

Example :

You feel that :

- (A) Life is full of sorrow and suffering.
- (B) Life is full of enjoyments and comforts.
- (C) Life is the ocean of pleasures and the vortex of pain at the same time.
- (D) Life is a story told by some idiot.

In the above example the most logical, correct and desirable alternative is 'C'. Although life contains sorrows and calamities and the clouds of disappointment surround man's life sometimes, still hope should not be lost. When man is frightened by hoplessness success is not achieved. Therefore, to travel hopefully in life's journey is the only healthy attitude.

**Attitude towards Education—**A person willing to adopt educational job must have positive as well as enthusiastic attitude towards education. As a matter of fact he should have passion for teaching. If a person, specially a teacher-trainee has deep interest in education and possesses positive attitude towards it, then educating profession will not only be something formal but it will be useful and valuable to his life. This type of person, understanding the importance of education for the integrated development of human personality, will take interest in educational function and will put in hard labour in studying and teaching. A positive attitude towards already acquired learning is expected from every teacher-trainee. When he regards his already acquired education as useful, additive to knowledge and cooperative to the development of personality, only then it can be expected of him that he, understanding the value of education, will be able to fulfil the responsibility of imparting education with interest in future on the contrary if the person is gripped by the belief that his education in the past has been useless meaningless and a time consuming process, there can be no hope that he will be able to do his job with interest in connection with further education and his educational profession. It is expected of an educated person that with the acquisition of knowledge on his part he will also attempt to make education highly useful for society at the sometime. He will try his best to inspire the uneducated men and women to be educated, to help them as far as possible and to remove the prevalent bad social customs and superstitions from society through education. In short his real mission is to transform the society to which he belongs. No other agency is more capable than the teacher to bring about the required transformation of society with its rightly educated individuals.

For example :

Good education is most helpful :

- (A) In making a man scholar.
- (B) In enabling a man to earn money.
- (C) In the all round development of man's personality.
- (D) In the mental development of man.

In the above example the most appropriate option is 'C'. It is indeed true that through education man acquires knowledge, earns money

and also develops his mental ability but each one of these is one-sided development. Education must bring an integrated development of the total personality of man. As such if you are the best among the educated persons of your region you will give the greatest emphasis :

- (A) On delivering speeches about the importance of education
- (B) On inspiring people to get education.
- (C) On the value of research and research-centre.
- (D) On criticising the policy of our Government regarding education.

In the above example it is obvious that the option (B) is the most suitable and rational one.

**Attitude towards the teacher and teaching profession**—The reactions, experiences of life, thoughts and perceptual understanding of a person reflect his inner feelings and total mental disposition. Hence his reactions easily reveal his attitude towards the teaching profession and the role of teacher himself.

It is highly necessary that a teacher must have command over his subject, he proposes to teach. But at the same time he must possess the art of expression because expression is the most important thing for students. No student can take if the teacher fails to give what he has. The teacher's function is to transmit knowledge to young boys and girls but more than this he is also required to transmit his moral character.

Therefore, he must be honest, responsible, tolerant, contented, generous, sensitive, full of mental peace and above all there should be conformity between his thoughts and actions. His ideals must find expression in his actions. Psychologically speaking almost all students are inspired by the behaviour and conduct of his teachers much more than their theoretical sermons. Though in the present circumstances of increasing unemployment it is difficult to say that candidates will be able to seek their profession in the field of their interests yet attempts are made to select candidate for the job in which, besides their ability, they have stronger interest than others. In other words such candidates, as have peaceful and contented nature and have more powerful desire for acquiring and imparting knowledge than for post or money, are preferred in the profession of education.

For example :

The most important quality of a successful teacher is—

- (A) To have the art of establishing contact with other people soon.
- (B) To be able to humour his students by trivial jokes and stories.
- (C) To have literary style in speech full of lofty morals.
- (D) To be the embodiment of deep knowledge, with fine expression and ideal behaviour.

It is obvious that in the above example the alternative (D) is the best.

Would you like to choose the profession in which :

- (A) You can get sufficient power and complete control.
- (B) You can earn sufficient wealth
- (C) You can get peace and inner happiness.
- (D) You can get numerous opportunities to visit places of importance.

In the above example the option (C) is the most desirable one from the point of view of teaching profession.

**Attitude towards society**—Man is social animal. Society is the name of various relations that exist among men and women. Without society man is completely an isolated being. Therefore, it is expected that each person should have constructive and positive attitude towards different members and aspects of society. Therefore, it is expected that one should have feelings of cooperation and peace and also faith towards own family-members, neighbours, friends, acquainted persons and even strangers. The foremost duty of each educated person is to harmonise different sections of society instead of becoming a disintegrating force of society himself. Man has only to connect. There should be the gradual growth of the feeling of trust, cooperativeness, social commitment, active response and broadness towards society in place of distrust, passivity narrowness etc.

For example :

If your friend has become angry with you without any specific reason, then you :

- (A) Will praise him to please him.

- (B) Will remove misunderstanding through mutual takes.
- (C) Will ignore his displeasure and avoid talking to him.
- (D) Will criticise for his thanklessness towards you.

In the above example the option (B) is fully appropriate because criticism and avoidance must increase his anger and your praising him will give undue importance to him with the result that he will often tend to become angry with you without any reason, similarly if some person of your neighbourhood comes to you with angry mood and begins to charge you for your alleged wrong behaviour towards his any family member, you will :

- (A) Instantly be fired with anger and begin to quarrel.
- (B) Deny the charges rashly.
- (C) Warn him not to talk and will show your own vanity.
- (D) Listen to him patiently and convince him of your justified behaviour.

In the above example the option (D) is decided by the best and the most logical.

**Attitude towards undesirable and desirable behaviour**—Every nation wants to eradicate unsocial and undesirable habits of its citizens and inculcates virtuous living in them for its progress and prosperity. The reason is that moral life is basically rooted in habits. Morality, Aristotle said, is habit. Habit is said to be the second nature of man. The process of habit-formation starts from the early childhood. Therefore, for the development of desirable habits and behaviour and for the prevention of unsocial conduct among children, efforts should be made from the very beginning of the child's life. Stealing, telling a lie, quarrelling, teasing others, being obstinate, disappearing from schools and homes without telling anyone, demanding a lion's share for oneself in matters of sweets or fruits are some of unsocial behaviours of children. Among desirable behaviours are obedience, dutifulness, politeness, sense of justice, speaking truth, respectfulness towards elders, friendliness, cheerfulness etc. Several methods are devised to remove undesirable behaviours. Some people believe in harsh punishment while others plead in favour of ignoring the misbehaved child. Still

others have faith in social boycott. Some people regard reward as the most important method. As a matter of fact for the permanent solution of the undesirable behaviour, the first necessity is to find out the root cause of such behaviours. After this the concerned cause should be removed, and with affection, the boy should be persuaded and also rewarded, if necessary, to give up unsocial habits and behaviour. There are several ways to develop desirable and social behaviour. One of the ways is to teach the value of moral principles, ideals such as truthfulness, honesty, love compassion etc. added with the examples of great men of history. However, the theoretical teaching of ideals and morals can not be efficacious at all if the teacher himself is devoid of moral qualities which he teaches. Morality is caught, not taught. It is just like the burning of one lamp with another. Example is better than precept. It is worth remembering that if the teacher, who suggests, gives advice or inspires to follow certain ideals without having the same ideals in his own behaviour, must fail. On the other hand the person possessing and exhibiting moral characters must inspire the other persons who come into contact with him whether he teaches morals or not. All men specially younger generation is always inclined to imitate, conduct is more efficacious than mere sermons. One should remember that what goes in words dies; What goes in action lives.

For example :

A boy steals from his house things and money. This habit can be removed if :

- (A) He should be frightened by harsh punishment.
- (B) The cause or causes of his stealing-habit be discovered.
- (C) The fear of policeman's interference be talked about
- (D) He should be ignored completely.

In the above example the alternative (B) is the most appropriate because the fear of policeman, harsh punishment or indifference towards him can not remove the stealing-habit permanently. On the contrary these methods may give rise to stubborn reaction or develop fear-complex in the boy. Therefore, the knowledge of actual cause of the habit is the best way :

Similarly to develop the virtue of honesty :

- (A) An inspiring lecture should be delivered on honesty.
- (B) The examples of honest boys should be presented.
- (C) The teacher himself should behave honestly.
- (D) Dishonest boys should be chided and scolded.

In the above example the option (C) is the best. To develop honesty or any virtue the teacher teaching the virtues should himself possess the particular virtue he teaches and the boy shall imitate the teacher when he comes into contact with him even without the teacher's preaching.

Man's inner interest in any profession also determines his career. It is some times seen that persons are compelled to choose the profession they hardly like. In such cases success is also hardly achieved. Therefore, in education and other professions interest plays a dominant role in moulding the life of each person. If a person is well educated and has scholarly bent of mind and

he is offered the following options for his career he will prefer :

- (A) Service in a Bank.
- (B) Service in Railway Department.
- (C) Service in a college.
- (D) Service in sales tax Department.

In the above example the option (C) is the most appropriate for the person because due to his interest in the pursuit of scholarship he must prefer teaching profession and decidedly he will achieve success in the profession. Again—

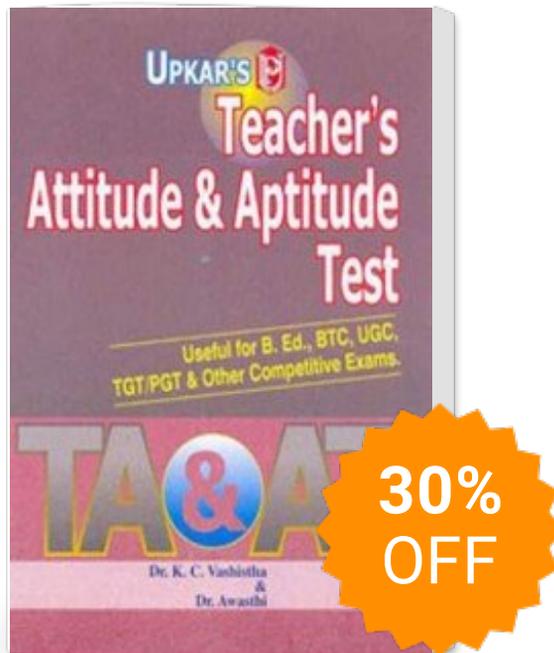
For example :

A man of literary taste must like to teach :

- (A) Geography.
- (B) Political Science
- (C) Logic
- (D) Hindi or English literature

In the above example the option (D) is the most appropriate. Thus, interest is very important and one must try to follow his interest as far as possible.

# Teachers Attitude and Aptitude Test



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