

Snowboarding Fun!

**SNOWBOARDING FUN!**

**SELECTED TIPS - 38 PAGES!**

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**38 Pages!**

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## Snowboarding Fun!

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## Getting Started With Snow Boarding

If you are thinking about getting started with snow boarding then it really does not have to be as difficult as you are probably imagining. For a start, you can be sure that whatever you are planning to do you can be sure that as soon as you hit the slopes you will almost certainly enjoy yourself. When I was younger I always thought that it would be a really hard thing to get started with, but boy was I wrong. However, what I have to tell you is that I recommend you get lessons first, rather than just hitting the slopes with no idea of what you need to do.

Getting lessons booked does not have to be that difficult. All you need to do is speak with your local snow boarding slope and you can be sure that they will put you in touch with a snow boarding instructor in your area that would be glad to help you out. This may cost anywhere from around \$35 an hour, but you can get them even cheaper, if you get group lessons. Group lessons means that more than one person learns at the same time, and it really is a very simple thing to do. I had my first lesson from a friend, however I would always recommend that it is best to get professional lessons from a man or a lady that is a professional snow boarding instructor. You can be sure that they have been teaching snow boarding for some time, and they are not only good at snow boarding, but also have a better idea of how to communicate to a learner.

Many people ask me what they need to buy when they are first starting snow boarding. The answer is that you probably need to buy nothing if you have the right kind of gear in your wardrobe. For those of us that are just getting started it is best to rent out the gear from your local snow boarding slope. A lot of places will do this for free when you pay a rate to actually use the slope. The reason for this is simple; when you are first learning how to snow board you may not enjoy it that much. If you do not enjoy it or decide not to take it any further, think of how much money you will have wasted on a snow board and related stuff. That is why you need to think about ways that you can practice without buying things up front.

It is important that you get the correct clothes for going to the slope. Even if it is your first time! What I recommend is that you simply must wear gloves, and the thicker the clothes the better. You should really be wearing water proof gloves but if it is your first time, then there is no point splashing out money on a fancy pair of gloves that you are never going to need in the future.

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This is just common sense. What I also recommend is that if you have any water proofs wear them to go on your snow boarding lesson. If you wear them then you will have a great advantage over the competition. The fact is that even if you are wearing clothes that are warm, they will soon become cold once they start getting wet. Despite this you should still wear warm clothes, unless you want to feel cold out their on the slopes. Another thing that is vital is sun glasses. You will find that when you are on the slopes you can find it very challenging to board when you have the sun in your eyes, another issue is that if the sun reflects off the snow then it can blind you if you are not wearing appropriate UV protected sun glasses.

All I have to say is that I am sure that you will enjoy yourself. Go out their and learn to snow board!

## My Favorite Hobby: Snow Boarding

Since moving into the suburbs, I have developed a new hobby: snow boarding. Snow boarding is great fun, and the reason I got started is because I used to go surfing when I lived by the beach, and when I moved away from the coast I had to find something new to satisfy my fix for extreme, white-knuckle sport. When I moved to my new college, everyone was talking about snow boarding, and a lot of my peers considered snow boarding an excellent hobby. When they asked if I wanted to attend, I was more than happy to come along and take part.

The next thing I knew I was at the slopes, and I had to let everyone know that I had absolutely no experience of the sport whatsoever. They appeared to understand, and everyone was really helpful when it came to explaining how to get started. In fact, there were so many people trying to teach me what to do, I actually found that I would rather just one person would teach me at a time. The next thing I knew, I was going down the slope, and had no idea how to break appropriately, or how to turn. OK, so I'll admit that getting tuition from a bunch of teenagers was hardly the best idea, but it ensured that I didn't hold back on anything, and I certainly got off to a flying start. The fact is that you realize it is mostly just common sense, and the thrills that you get are amazing. When you are going down a slope at 30 miles an hour and you do not have to put in any effort to accelerate: that is like flying.

The fact is that I also enjoy snow boarding because it is a great social activity for everyone to enjoy. I had just moved to a new area, and snow boarding really gave me an opportunity to get to know people, and is actually the reason why I am friends with the people that I hang around with at the moment. After visiting the slopes a few times, my new friends and I have discovered more common ground, so now we enjoy other activities together, along with the occasional visit to the slopes of course! I'd recommend snowboarding as a great hobby for anyone, particularly those with a passion for extreme sports, or anyone with a sense of adventure. And it's really great when you actually get involved - there's a whole culture attached to it.

Some of my friends suggested taking up skiing, but this is something I think I'll avoid. It is almost like trying to compare a car and a motor bike. A car maybe burns less gas, it may be safer and may even turn corners with more precision, but what would you rather travel in for sheer thrills?

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Skiing just looks boring compared to snow boarding and the more I get into snow boarding the more my opinion is re-affirmed.

I am glad that I moved away, and I am glad that I managed to find a sport that I enjoy more than surfing. I am hoping to start entering into competitions soon, however I have a lot of catching up to do with my new friends first!

## Snowboarding Accidents

Snowboarding accidents happen every single day and the reasons for this vary from person to person, and from accident to accident. Despite this, one thing remains prominent. Of those accidents, many of them could have been stopped with appropriate care and attention from the snowboarders involved. This is why we have to realize that snowboarding is a dangerous sport, and therefore health and safety should always remain an issue to any snowboarder.

The first thing that any snowboarder has to remember is to wear appropriate protective head wear. Protective head wear may not look as cool, or even be as warm as a hat, but when it comes to going down the slopes wearing one could save your life. In 2003 15 people suffered fatal head injuries whilst snowboarding. This number could have been reduced to 0 if those 15 people had chosen wear a helmet whilst snowboarding. When people go snowboarding and do not wear a helmet, they do not take precautions based on this, and are still happy to attempt stunts such as jumps, slaloms which involve dodging trees, and other activities that could not be recommended. People have to remember that snowboarding is in the top 10 most dangerous sports, and I would call on the authorities within the sport to drive even further towards excellence in health and safety.

My brother is a keen snowboarder and recently broke his leg whilst snowboarding. Although this was not his fault, many of the complications that went along with the injury could have been avoided with due care and attention. This includes the fact he was stranded on a slope for over 4 hours before he was noticed by a boarder who was then able to go and get help. But how could this have been avoided. Firstly he should not have chosen to hit the slopes on his own. Through doing these problems arise automatically, if you do have to go snowboarding on your own then make sure you tell people that you are away. I would also call on snowboarding facilities to keep better records of who is on the slope, and for what time. This could certainly help with many issues.

I would secondly advice and call for people to carry mobile phones with them when they go snowboarding. Even, a mobile phone on its own may not be enough if you do not have a signal or do not have any battery left in your phone. This is why I advise that you ensure that your battery is full at all times, and that you also take appropriate care to ensure that you have a

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replacement SIM card. If you have a replacement SIM card that works on your phone you may be doubling the chances of you being able to contact someone if your phone does not work. This is why people also choose to carry a torch, a flare or an air horn. All of these can work in alerting people to a situation as long as they are near where you currently are.

Health and safety are prominent issues in snowboarding and that is why we all, have to be careful that we abide by them. Through choosing to take simple measure we can all choose to snowboard, and enjoy ourselves at the same time. Do not make yourself another statistic.

## Snowboarding Activities

If you are considering doing some snowboarding activities then I simply must tell you about the kind snow boarding activities that I have tried in the past, and the kind of activities that I intend to try In the future. The fact is that when I first tried snow boarding I had only been skiing a couple of times, so I was really a newbie that was looking to have a little bit of fun and experience some snowboarding activities for the first time.

Me and my friends all decided to go out their and see what kind of fun we were able to have on the slopes, and we sure did have heaps of fun and in fact far more than I would ever have imagined. We went out their, and because we had a rough idea how to ski we were far more cocky than we should have been but that did not stop us from having the most fun in our lives. The slope was very quiet, which just made it so much better. They way you move on a snowboard just makes you feel so much more in control, however you feel like you are taking more risk. When you are skiing it is just that little bit too comfortable at times, but the fact is that you never actually notice it until you give it a try. It really does not surprise me that people are choosing to give up skiing and are taking up snow boarding in its place, lets be honest you cant actually jump on ski's. So OK, it is possible but you could hardly suggest that they are custom built for doing Ollie's. That is why I have to tell, you that when I done my first jump on a snowboard and successfully landed it, I was sure to give it a try again, in the future.

I and my friends all decided that the most fun thing that we could do was have a race down the slope, and this is what we did. I was actually very nervous, as I was very anxious to win, but I knew if the worst came to the worst then I could always say that I tried my best, and trying my best is certainly what I done. Over the next minutes as we went done one of the most daring runs on one of our first times I was sure that I was going to win. That is not to say that I was, I could have hit a tree, or took a wrong turn and in the end I done the later. I lost and I was gutted, but the exhilaration just meant that I wanted to do more. I proposed doing it again, and everybody was up for it. It was the fact that when we done the first run, we had managed to grab some "Air-time" and I can assure you if you think that is good on ski's you have experienced nothing yet.

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The main problem with doing this run was that we were failing to abide by the rules of the slope with aggressive turning and twisting. The last run my friend Alan actually pushed Collin into a tree for a laugh. Although most people would not see this as being fun, it was the kind of think that happened based on excitement and I have to tell you that this snow boarding day has to be one the best days of sport that I have ever experienced, and even when I go skiing and snow boarding these days I often think back to the stuff we got up to that day on the slopes. I have to say that skiing just doesn't seem to compare to snow boarding and it really does not surprise me to see people migrating from snow boarding to skiing at all. The thing is though we really should not compare them, I suppose they are both good in their own way.

## Snowboarding At My Local Slope

My local ski slope is quite a fun place to hang out for me and my teenage friends. We find that it's a good way to keep ourselves amused. You see in my local area when you are under 21 there really is nothing else to do. You see me and my friends can't go out drinking and nor do we have any particular desire to hang out at the local tennis court, that is why we were looking for something to do that was new, exciting and more suited to our need for extreme entertainment!

So we went down the local ski slope and asked some questions about what kind of thing goes on and basically tried to get a grasp for how much it was going to cost to get started. The lady was really helpful and seemed to be really encouraging. She explained that we would not need a snowboard, snowboarding boots or even snowboarding skills to get started. We were really pleased to hear it, so basically asked if we just went on the slope or if we needed some kind of tuition first. The lady explained that we would definitely need some kind of tuition first, and explained that for \$15 an hour we could get a group lesson. This was kind of what we were looking for, as the idea was to do this as a group and we felt that if we all done it together it would be more of a laugh. So we basically booked a lesson, and the lady explained that we had to pay a deposit because the slope had to arrange it with the instructor. She explained that we would get lessons for around 5-10 hours and then she thought that we would be good enough to come down the slope on our own and try things out. This was the kind of thing that I was looking to do, because we wanted more than merely to learn. We wanted to pick up the basic skills that were required and then come down on our own and have a laugh at the slope.

So we went to the lessons and they worked out great. They were really fun for everyone involved. It turned out that it wasn't just us at the lessons, but the other girls and boys who went to the lessons were all really easy to get on with and everyone got on well. Nobody had been to snowboarding lessons before so we were all kind of in the same boat so to speak. The teacher went over really basic stuff at first, and to be honest I did not pay too much attention because I was more concerned with actually going out there and starting to ski for real. The guy who was our teacher was really approachable and that just made it so much easier for everyone. We were able to ask all the questions we wanted, and he seemed to pick up when someone was having problems and when we understood things. He then explained after around 30 min's that we were ready to hit the slopes, and you can be sure that we were ready, I was practically

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desperate to hit the slopes and get started. At first, he asked us to go down the beginner slope which is basically a slope that is for people who are just starting to learn. The gradient is much less and that makes it so much easier to get going, because if you build up to much speed and you do not know how to stop then that could cause real problems for a beginner.

## Snow Boarding Costs

So you are thinking about getting started with snow boarding and before you do you think that you will need to get to grip with the costs first. This is very sensible and is certainly something that I would recommend to anyone. If you cannot afford to get started then why try? However, I am sure that you will be pleasantly surprised to find out the kind of money that you are going to have to spend to get started. What would you say if I got lessons and on the slopes for the first time for well under \$100! Yes folks, it really is that cheap, and it really is that easy. When I first got started, I stopped to consider if I would be able to afford it, and I phoned up my local slope that were really helpful in giving me an idea of all the cost that would be involved.

They firstly said that they recommend that I book up a block of 10 lessons in order to get started, but they explained that 3 would be enough. I guessed that they probably wanted me to pay more, so I decided to go for just the 3 lessons and this worked out just enough to give me the confidence to hit the slopes on my own. The fact is that the lessons cost \$10 each, but it worked out a lot cheaper, because I decided to go for group lessons. This meant that when I was getting taught, I was actually getting taught with others. However this actually worked out to be better than I had imagined. It actually meant that I made some friends with which to spend some time with at the slopes, and that I now go along with every Wednesday night. It is ideal, and that is why it is maybe even better to do it on a budget!

Now the next thing that you are probably worried about is the cost that is associated with getting equipment and things like that sorted out. It may be expensive if you are wanting to go out their and get top of the range equipment, but it is just as easy and just as quick to rent out every time you go their. At my local slope, they charge the same amount for an hour on the slope whether or not you rent out equipment or not! That is why it is simply not expensive to get started, all I spent was \$30 to get lessons, and I got a shot on the slope included in the price. What I would say is that if you can afford to go to the pub or go on holiday then you can certainly afford to the initial snow boarding costs.

This really is not that expensive and that is why I have to say that it is a great sport to get started in, regardless of your age. It is a good way to make friends, have fun and learn something new.

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One cost that I forgot to mention is that I had to buy gloves. Buying gloves is simply a must, and they should be water proof gloves. If they are not water proof then you will end up with cold hands, and you will not enjoy your day out quite as much.

## Snowboarding For Beginners

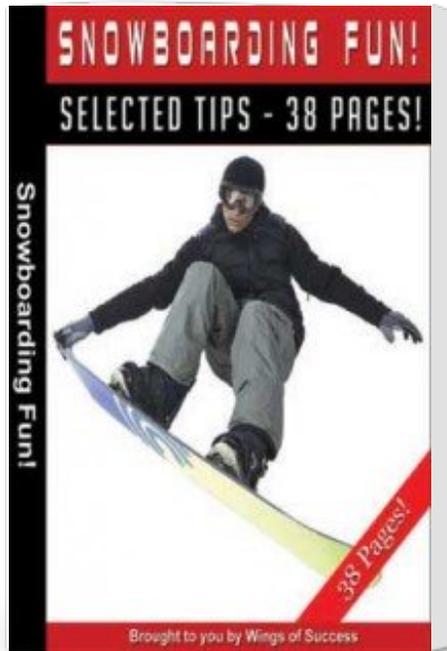
If you are interested in taking up a new hobby, and you enjoy thrilling, fast paced action, why not consider snowboarding? Increasing in popularity year on year, snowboarding has always been highly fashionable, and is no more accessible than ever, so you really have no excuse for not giving it a go if you are interested. In this article we will look at the equipment you will need, where to get started, and the things to watch out for when snowboarding.

First thing's first - get yourself online. Look around, and find out exactly what snowboarding involves. It is a dangerous game, and highly physically taxing. Additionally, it can be quite expensive, so you need to try to ensure its right for you. Next you need to look for a board to get you started, and some clothing for wearing on the slopes. First off, forget about buying a top quality board. You need to start off with something cheap and cheerful, designed for beginners. You can find these easily online, and you may also be able to come across some models in your local extreme sports shop. Alternatively, you could try to pick one up second hand from a friend, or from another snowboarder. You also want to make sure you look cool whilst you're out there! Check out some of the highly fashionable snowboarding wear, and kit yourself out from hats, to sunglasses to thick socks - make sure you're prepared for the elements before you set off.

It is worth looking around to find lessons in your local area. Lessons range in availability, quality and price, although you will often find recommendations or local adverts particularly helpful. Again you could look online for some tips to get you on your way. If you do take lessons, it is important to take on board what the instructor says from both a performance and safety perspective. Additionally, get out there and practice between lessons if you ever want to improve. If you stick at it, and work hard, you will eventually see an improvement, and find the sport significantly more enjoyable also.

It is also good to note that snowboarding is a highly dangerous activity and people do get hurt. Before you even think about snowboarding, take some lessons in safety, and make sure you are fully equipped both mentally and physically for avoiding injury to yourself and others. Snowboarding is responsible for many accidents every year, and it is an extreme sport after all - if you're of a weak disposition, it is perhaps not the best sport for you. Having said that,

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